



South Turrumurra Out of School Hours Care

Turrumurra Public School Kissing Point Rd
Turrumurra 2074 NSW (02) 9144 4769



Dealing with Infectious Disease

Policy

South Turrumurra OOSH will provide a safe and hygienic environment that will promote the health and wellbeing of the children in our care. We will take all reasonable steps to prevent and manage the spread of infectious disease through implementing procedures that are consistent with guidelines from NSW Department of Health and related authorities.

Legislative Requirements & Related Policies

- Education and Care Services National Regulations 2019,
- National Quality Framework: Quality Area 2.1.2, 3.1.2, 7.1.2
- NSW Health Control Guidelines,
<https://www.health.nsw.gov.au/Infectious/controlguideline/Pages/default.aspx>
- NSW Health Disease Notification,
<https://www.health.nsw.gov.au/Infectious/alerts/Pages/default.aspx> (last accessed 22-April-20)
- NSW Public Health Unit
<https://www.health.nsw.gov.au/Infectious/Pages/phus.aspx>
- Disability Discrimination Act 1992, Australian Federal Government
- Anti-Discrimination Act 1977, State Government of New South Wales

Procedure

Prevention

- Universal precautions will be consistently applied across service practices to ensure prevention of the spread of infection is effective.
- Department of Health guidelines on infectious disease will be used as reference by staff, management and families and can be accessed any time, via the Health NSW website.
- If a child is showing symptoms of an infectious disease whilst at home, families are not permitted to bring the child to the service.



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- Children who appear unwell when being signed in in the morning will not be permitted to be left at the service. Parents/guardians will instead be advised to take the child home or to a doctor. Children who appear unwell when being signed in in the afternoon will be isolated and their parents will be called to come and collect the child. The child will remain in isolation from other children until collection.
- Hand washing will be practiced by all educators and children upon entering the service, before preparing or eating food and after all dirty tasks such as toileting, cleaning up any items, wiping a nose, before and after administering first aid, playing outside or handling an animal. In addition, educators will wash their hands before leaving the service.
- The service will be cleaned daily and rosters maintained as evidence of the cleaning task being undertaken.
- All toilet facilities will have access to a basin or sink with running water, soap and paper towel for washing and drying hands. OOSH toilets have access to hot running water but school toilets only have access to cold.
- Women and girls will have access to proper feminine hygiene disposal.
- Soap and paper towel will be available at the kitchen handwashing sink as well as hand sanitiser in multiple locations of the Centre.
- All toilets, hand basins and kitchen facilities used by the service will be cleaned and disinfected daily. General surfaces will be cleaned with warm, soapy water after each activity and at the end of the day, and all contaminated surfaces will be disinfected.
- Toys will be washed, cleaned and disinfected with material items such as dress ups, soft toys and cushion covers being laundered once a term as per our termly cleaning lists. Toys and fabric items are also to be cleaned if a staff suspects a child has put any of the items in their mouth or if it has touched any other bodily fluids, or as needed.
- Educators will maintain and model appropriate hygiene practices and encourage the children to adopt effective hygiene practices. To promote children taking increasing responsibility for their own health and physical wellbeing, educators should acknowledge children who are modelling good hygiene practices.
- Informal education in proper hygiene practices will be conducted on a regular basis, either individually or as a group through conversations, planned experiences, inclusion in service routines and reminders. Health and hygiene practices will be highlighted to parents; information sheets or posters will be used by educators to support these practices.
- Educators will aim to provide a non-judgmental approach to differences in hygiene practices and standards between families to support children's developing sense of identity. Where practices differ to the standards expected in the service, remind children that these are practices to be followed while in the service but they may be different for them at home.
- Staff dealing with open sores, cuts and bodily fluids will wear disposable gloves and appropriate Personal Protective Equipment (PPE).
- Staff with cuts, open wounds or skin diseases such as dermatitis should not handle food or administer first aid but when there is no one else to do so, they should cover their wounds and wear disposable gloves while handling food or administering first aid.
- Disposable gloves will be properly and safely discarded, and staff are to wash their hands after doing so.
- If a child has an open wound it will be covered with the appropriate dressing.
- If bodily fluids or blood gets on skin but there is no cut or puncture, wash away with hot soapy water.
 - In the event of exposure through cuts or chapped skin, promptly wash away the fluid, encourage bleeding and wash in cold or tepid soapy water.
 - In the event of exposure to the mouth, promptly spit out and rinse mouth with water several times.
 - In the event of exposure to the eyes, promptly rinse gently with cold or tepid tap water or sterile saline solution.

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- In the event of having to perform CPR, disposable sterile mouth masks are to be used. The staff member in charge of the first aid kit will ensure that masks are available in all first aid bum bags and first aid kits.

Management

- Children and staff with an infectious disease will be excluded from the service for at least the period recommended by the Department of Health.
- If a parent informs a staff member that a child has had an infectious disease, that staff member is responsible for communicating this to the Coordinator.
- Where there is an outbreak of an infectious disease, each enrolled child's family/emergency contact will be notified within 24 hours under ordinary circumstances via email, signs and notices. The service will maintain confidentiality when issuing the notification and ensure it is not prejudicial or identify any children.
- In the event of an outbreak of vaccine-preventable disease at the service or school, children who are not immunised will be required to stay home for the duration of the outbreak, for their own protection.
- If a child develops symptoms of a possible infectious disease whilst at the service, their family will be contacted to take the child home. Where they are not available, emergency contacts will be called to ensure the child is removed from the service promptly.
- Any exposure to blood from open wounds, or exposure to saliva or blood by mouth or eyes, should be reported to the Coordinator/Nominated Supervisor and management to ensure proper follow up procedures occur.
- When assisting children with toileting and soiled clothing, staff will ensure that they wear gloves and wash their hands afterwards. Staff will also encourage the child to wash their hands.
- Staff will consider age and gender appropriateness when assisting school age children with toileting.
- Any soiled clothing will be handled using disposable gloves and placed in a sealed plastic bag for the parents to take home for laundering. The service will never rinse soiled clothing.
- Any blood or bodily fluid spills will be cleaned up immediately, using gloves and the area fully disinfected. Cloths used in cleaning will be wrapped in plastic bags and properly disposed of according to current infection control guidelines.
- The School and Hornsby Public Health unit will be notified by phone (1300 066 055) as soon as possible after South Turrumurra OOSH is made aware that a child enrolled at the school or facility is suffering from one of the following diseases (as stated by NSW Health):
 - Diphtheria
 - Mumps
 - Poliomyelitis
 - Haemophilus influenzae Type B (Hib)
 - Meningococcal disease
 - Rubella (German measles)
 - Measles
 - Pertussis (Whooping cough)
 - Tetanus
- The decision to exclude or re-admit a child or staff member will be the responsibility of the Coordinator, based on the child's symptoms, medical opinion and Department of Health guidelines for children who have an infectious disease or who have been exposed to an infectious disease.



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- The Coordinator or staff members have the right to refuse access if concerned about someone's condition.
- Children and staff with diarrhea or vomiting will be excluded for 24 hours after the symptoms have disappeared, or 48 hours in the event of an infectious disease being present in the community.
- A doctor's clearance certificate will be required before a child may return to South Turrumurra OOSH for all infectious diseases requiring exclusion from a childcare, as listed above.
- The Centre will keep a log of all notified cases of infectious diseases. This register will be kept for a minimum of 12 months and stored in the relevant section of the first aid folder.
- In the case of the NSW Government announcing a state (or nation) wide pandemic or state of Health emergency, the service is to follow the guidelines set in place by the school and the NSW Health response measures found on the NSW Health website.

Management of HIV/AIDS/Hep B and C

- Under the Disability Discrimination Act and the Anti-discrimination Act, there will be no discrimination based on a child's/family/ educator's HIV status.
- A child with AIDS will be treated the same as any other child and will have the same level of physical contact with educators as other children in the Centre.
- Where educators are informed of a child, family member or another educator who has HIV/AIDS or Hep B or C, this information will always remain confidential. The service has no obligation to advise other families attending the service of a child or educator's HIV status.
- Proper safe and hygienic practices will always be followed and procedures to prevent cross infection as identified in this policy will be consistently implemented.
- Educators and families will be encouraged to participate in AIDS and Hepatitis education if deemed necessary.

Response to exposure

Full details of any exposure to a body fluid spill and abrasion must be recorded in the Accident, Injury and Illness Book for children and the Incident/Injury Register for staff, students and volunteers. Following any incident which a staff member believes may have resulted in exposure to HIV/AIDS or hepatitis, the staff member should seek the advice of a qualified medical practitioner immediately, to assess the need for testing and report this to the President who will treat this information as confidential.